HEALTH AND WELLBEING BOARD MINUTES OF THE MEETING HELD ON 22 JANUARY 2020

<u>Present:</u> Councillors Dr Paffey, Shields (Chair), Taggart and Savage

Grainne Siggins, Rob Kurn, Hilary Brooks and Dr Mark Kelsey (Vice-

Chair)

Apologies: Councillors Fielker

10. APOLOGIES AND CHANGES IN MEMBERSHIP (IF ANY)

The apologies of Councillor Fielker were noted.

The Board noted the resignation of Dr Jason Horsely as Director of Public Health and the appointment of Debbie Chase as Interim Director of Public Health in place thereof; also the appointment of Grainne Siggins as Director of Adult Social Services in accordance with the provisions of Council Procedure Rule 4.3.

11. STATEMENT FROM THE CHAIR

The Chair noted that the Director of Public Health had used delegated powers to submit a bid for Health and Wellbeing funding over 3 years. The proposal focused on health inequalities, tackling childhood obesity and food poverty. The proposal included the development of a community pantry and collaboration with planners and other organisations to improve the food environment in Southampton.

The Chair also noted that there was a Scrutiny Inquiry Panel that was looking at Tackling Childhood Obesity and everyone was welcome to attend the meetings.

The Chair also noted that with a strong Integrated Commissioning Unit and Joint Commissioning Board and general changes in the health and care landscape, a review of the role of the Clinical Commissioning Group had commenced, which included discussions about Health and Wellbeing Boards across the area

12. MINUTES OF THE PREVIOUS MEETING (INCLUDING MATTERS ARISING)

RESOLVED that the minutes of the meeting held on 19 June 2019 be approved and signed as a correct record.

13. DIRECTOR OF PUBLIC HEALTH ANNUAL REPORT 2018/19

The Board considered the report of the former Director of Public Health for Portsmouth and Southampton which presented the Director of Public Health's Annual Report 2018/19

Dr Jason Horsley, the former Director of Public Health, was present and with the consent of the chair addressed the meeting.

Through discussion of the report with the Board, Dr Jason Horsley highlighted that:

- The topic of the report had been chosen because of a concern about the increase in drug related deaths.
- Drug related deaths had also increased nationally. It was difficult to disassociate
 this with the economic collapse in 2008. It had been postulated that the increase
 was due to an aging population of drug users but this did not apply in this area.
 It was more likely to have been due to reduced funding for health and social
 services since 2010, an increase in the impacts of homelessness and increased
 addiction to hard drugs
- As well as considering the direct and indirect harms related to drug use the report also considered the harms to family and to wider society.
- The research for the report included discussions with drug addiction service users and also discussions with parents who had been bereaved by drug use.
- The report examined how to take a strong harm reduction approach to illicit drug
 use.
- Since 2010 delivery of drug services had merged with all addiction services, including alcohol and the focus had changed to shorter term interventions, also there had been an overall reduction in funding of addiction services. We had good wrap around services in Southampton for homeless people, however there were some services that still did not join up properly such as addiction and mental health services
- Adverse Childhood Experiences (ACE) was the main dominating cause leading to drug addiction. The evidence revealed that the thing which most affected ability to recover from ACE's was regular contact with a trusted adult, increasing the provision of this type of service would be an effective method for addressing the challenges of ACE's
- The report recommended a national review of the criminalisation of illicit drugs as addiction was public health issue. The legal status of chemical substances used was unrelated to their harms. It was noted that society would never win a 'war on drugs' as the profit margin was huge. The more effective the Police became at catching and disrupting drug dealers, the more violent the drug dealers became to keep control of their dealership.
- Another main theme of the report was a recommendation for a review of services, which should be designed around the needs of the service users. The evidence revealed that the chance to spend time with somebody who listened and gave them the time of day was incredibly powerful for drug users.

RESOLVED that the content and the recommendations of the Director of Health's Annual Report would be considered by the Board members within their roles and with their organisations.